



# List of Supplies Needed

## Cactus Guacamole

### General

- Recipe
- Apron

Find detailed lesson plans, printable recipes & more at:

[foodliteracycenter.org/recipes](https://www.foodliteracycenter.org/recipes)

### Cooking

- Cutting mat/board
- Plastic/butter knife
- Measuring cups & spoons
- Spoon & fork
- Large bowl
- Mixing spoon

### Food & Produce

- Avocados
- Cactus pad
- Red onion
- Lime juice
- Ground black pepper
- Ground cumin
- Hot Sauce
- Garlic
- Cilantro

